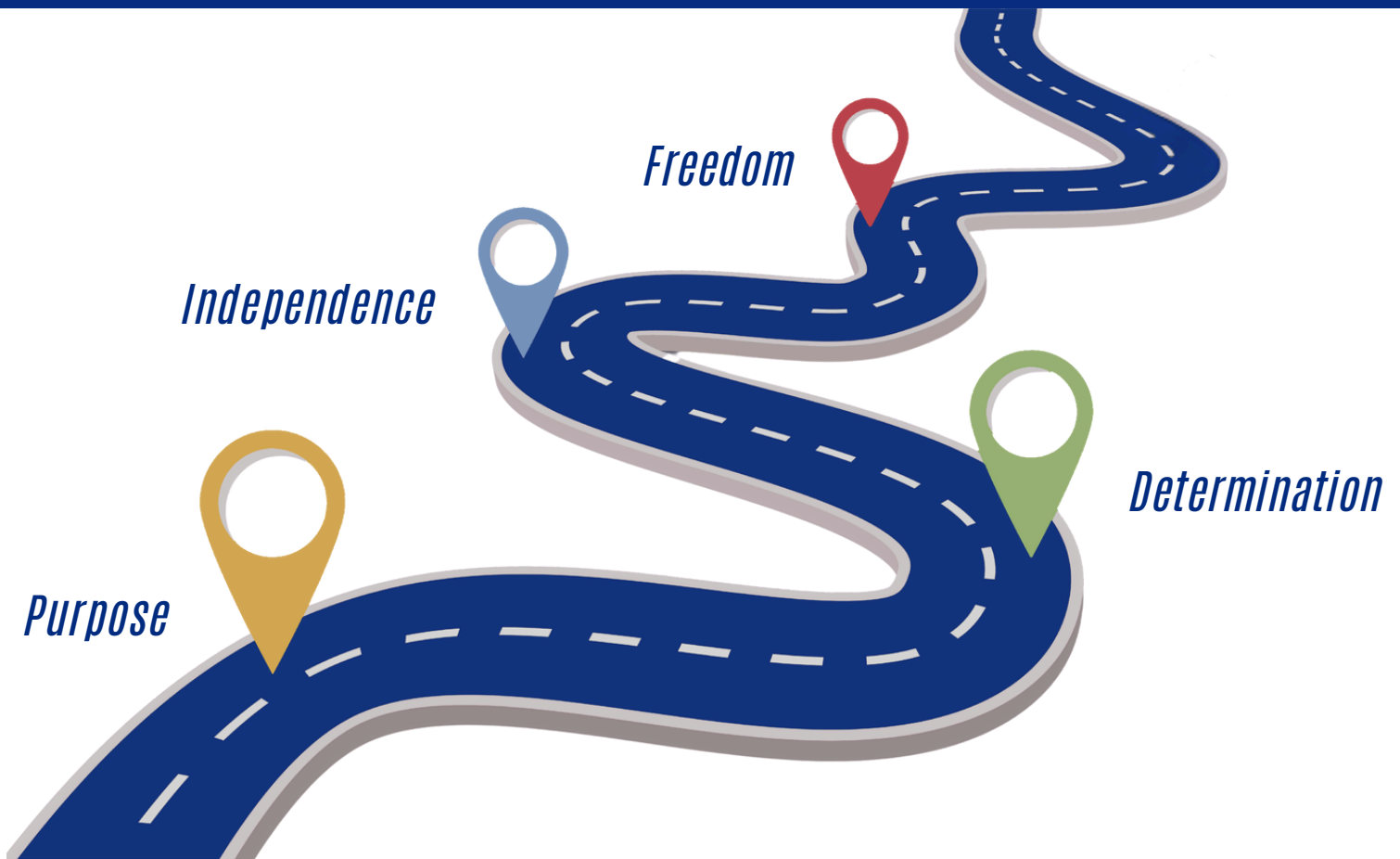




# MAPs

Medicaid Alternative Pathways

*“At Home”*



Contact Us: 931-647-6333  
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# *Living At Home*



## *MAPs services can help you gain independence at home.*

You can learn skills that help you:

- Stay safe at home
- Prepare healthy meals
- Maintain personal hygiene and take care of yourself
- Manage your health by scheduling appointments with your doctor and asking for medical help when needed
- Manage your money including paying bills, budgeting money for groceries and other expenses, and saving money

A person called an **Independence Coach** will help you learn these skills and provide support until you no longer need it.





# Living At Home



**Enabling Technology** will also help provide additional support and safety while you are at home.

There are many ways you can use Enabling Technology at home.

- Motion Sensors to help your supports know when you might need help
- Ring doorbell to help you know when you have visitors
- Live or on-demand audio and/or video calling so you can reach support
- Automated dispensers to help you take your medication correctly